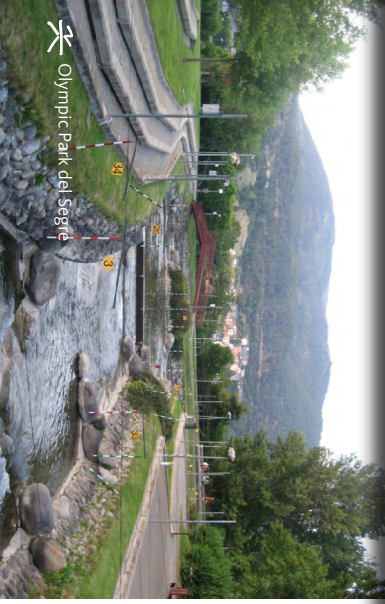


The trail after passing through Arfa



Rest area La Freita-Nabiners



Olympic Park del Segre

This activity has been largely developed in Alto Urgell, taking advantage of the superb water conditions of river Segre. This fact can be verified while walking along the Les Mines Nature Trail when it passes through the town of Arfa. However, the most renowned sports facility related to this sport in the region is the Olympic Park del Segre, secondary venue for this canoeing discipline during the Barcelona 1992 Olympic Games.

CANOE SLALOM

Canoe slalom is an Olympic discipline where the aim is to navigate a kayak or canoe through a course of river rapids in the shortest time possible and with no penalization. Its technical difficulty is increased by downstream gates located on the obligatory route.

MOUNTAINS OF BLACK COAL, RIVER OF WHITE WATERS

Les Mines de la Ribera de Urgellet Nature Trail follows a circular route about seventeen kilometers long that covers the plains of the municipality of El Pla de Sant Tirs, passing the mountain ranges of Arfa and La Coma. It offers spectacular views of the Andorran mountains, and it ends going along the waters of river Segre.

The trail not only offers varied landscapes, but also expects to keep in memory the coal mining activity that took place in this area from the early twentieth century.



SECTOR NORTHEASTERN PENINSULAR



Since 1993 the Ministry for Agriculture, Food and the Environment's Nature Trails Program aims to restore former transport infrastructures such as railway tracks, cattle trails and traditional routes, for public use and enjoyment.

These routes take us to the countryside to discover the biodiversity and beauty of our precious natural heritage, and discover the villages, sights, traditions and people that are part of the unique cultural landscape of our country.

We invite you to visit them and offer you the keys to enjoy the trip. In this brochure you will find a brief description of Les Mines de la Ribera de Urgellet Nature Trail and the map for the journey, along with recommendations to make the most of this experience. We only ask one thing of you: do not forget to leave everything as you found it. The conservation of these pathways is also your responsibility.

TELEPHONES OF INTEREST:

- Ribera de Urgellet City Council: 0034 973 38 70 45

SECTOR NORTHEASTERN PENINSULAR NATURE TRAIL LES MINES DE LA RIBERA DE URGELLET

1. The trail starts at the northern part of the region of El Pla de Sant Tirs, on kilometer 108 of the C-14 road. You should take the right turn, following the sign for La Freita and La Coma de Nabiners. When you cross a bridge over the Riu del Pla, the slope grows during 2 kilometers, going along steep sharp turns.
2. Near kilometer 2, you will find a turn to the left towards the Funicular Branch and the river Arfa, 2,300 meters long, which has a very flat contour, 500 meters away from the crossroads, you will find the recreational area of the old funicular.
3. Coming back to the main trail, you will notice a sharp decline in the slope, which continues until the third kilometer.
4. At kilometer 3,700 the trail goes through a cattle guard, at which point the slopes start softening. After the first 4 kilometers, you will reach a left turn towards the Les Mines Branch.
4. Once again on the main trail, the route continues until the rest area of Mas den Planes, with hardly any gradient.
5. The peak is located almost at kilometer 6, nearby the rest area of La Freita-Nabiners, next to a monolith with a metal cross. You may consider taking a turn to the left that goes from Arfa to La Freita in order to walk a shorter distance, as an alternative to the main route.

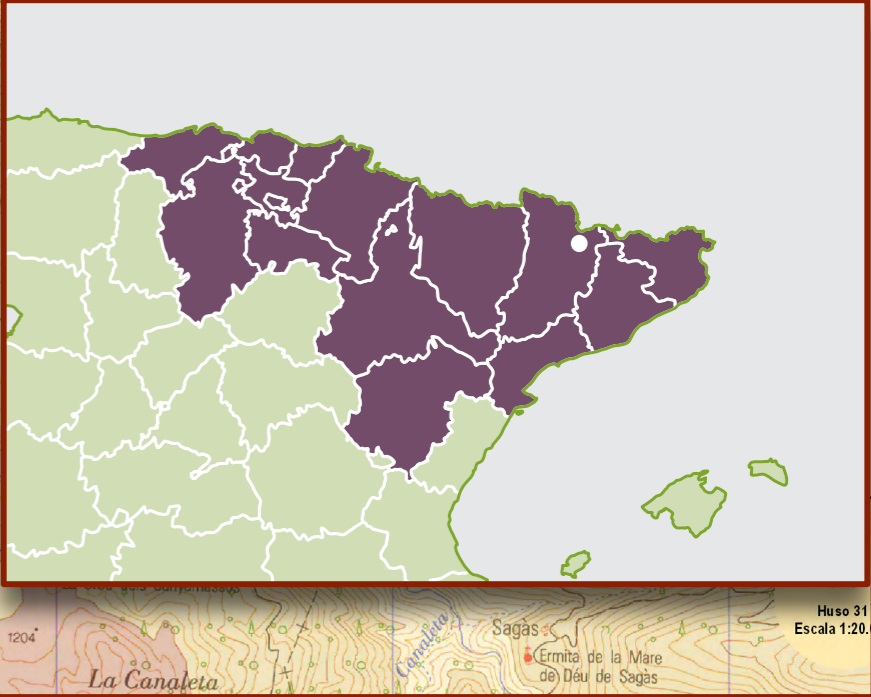
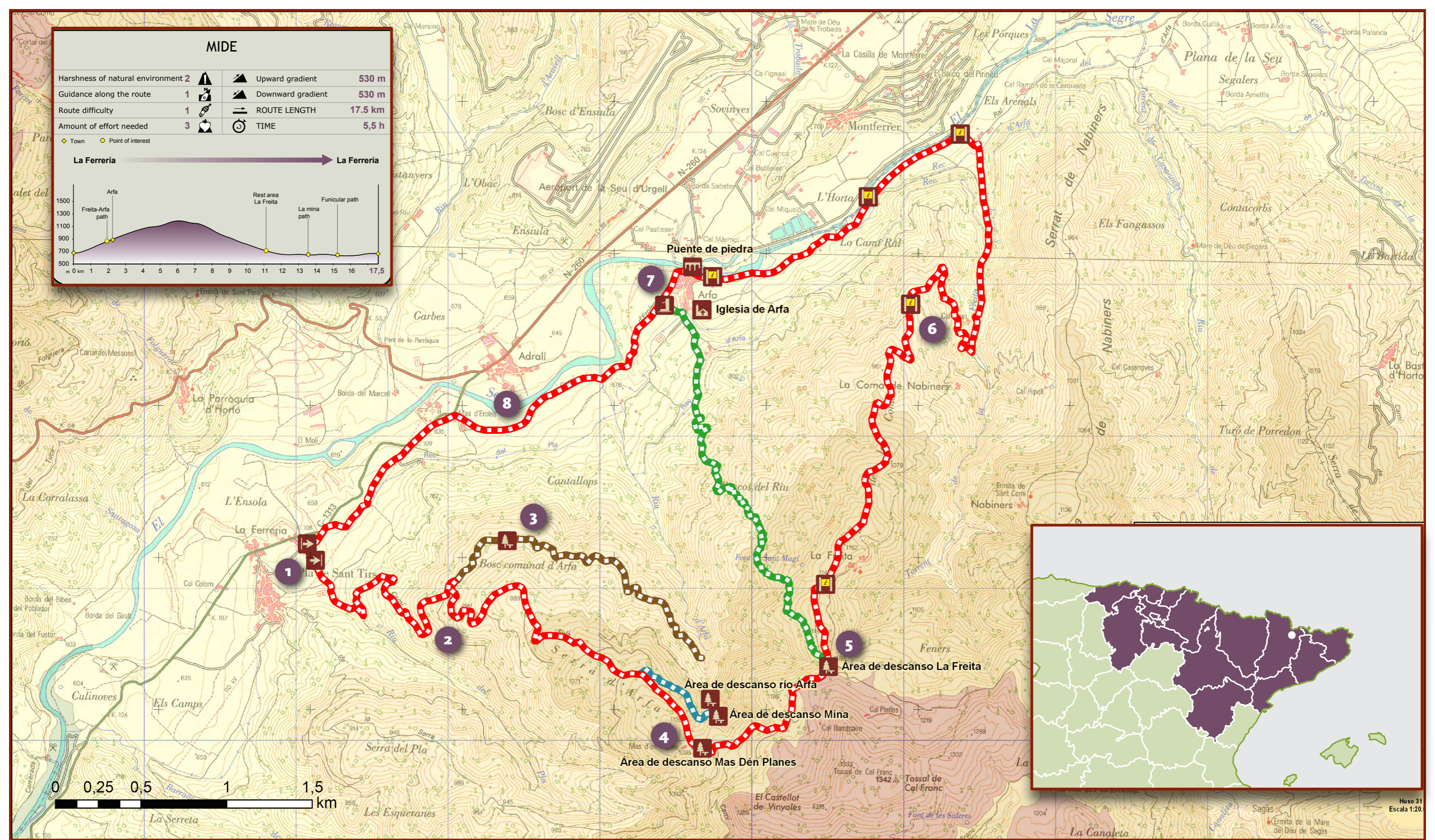
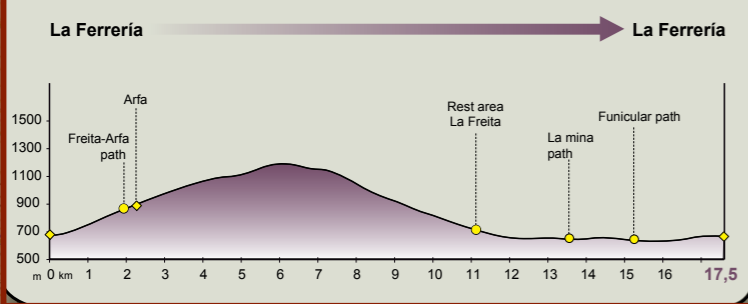
6. After kilometer 7, you will come to a descent with steep slopes and very sharp turns. After a steep turn to the right, you will enter the last stretch of the descent. Another sharp turn to the left indicates the end of the stretch for pedestrians and cyclists only.
- The descent continues crossing the Torrent de la Freita and it then becomes quite straight. When you get to a fork, you must turn left. You will walk along a short descending stretch until river Segre, where you must continue, turning to the left, through a paved road going south parallel to the stretch. The trail goes alongside the river Segre until the road leaves the river temporarily behind to arrive to the town of Arfa.
7. The trail borders the town of Arfa through a bridge and an upwards road that stands above the hillside where the town is settled. The trail then goes around the town center along the road until it reaches a park that has playgrounds and a fountain.
8. The trail continues alongside the river and it crosses over river Arfa at around kilometer 15. One kilometer further on, the route reaches the C-14 road. Starting from this point, the road runs between the river Segre and the trail. The trail then moves away from the river, until it reaches a irrigation canal with a wooden rail. Afterwards the trail comes closer to the road, even though it doesn't reach it because it takes a detour to the left, going towards the town of El Pla de Sant Tirs and reaching the starting point.



NATURE TRAIL LES MINES DE LA RIBERA DE URGELLET

MIDE

Harshness of natural environment	2	▲ Upward gradient	530 m
Guidance along the route	1	▼ Downward gradient	530 m
Route difficulty	1	≡ ROUTE LENGTH	17.5 km
Amount of effort needed	3	🕒 TIME	5,5 h



SECTOR NORTHEASTERN PENINSULAR



NATURE TRAIL LES MINES DE LA RIBERA DE URGELLET

- ➔ Starting point
- ⬇ Religious building
- ➔ End of trail
- ⌄ Bridge
- 📄 Information panel
- 🌲 Rest area
- 1 Fountain