



Footbridge over the river Trubia



Traditional raised granary



Trail next to the riparian forest

1949 and 1954.

Santo Adriano de Tuñón, declared a National Monument in June 1931, was subsequently restored, between

Natalia.

This temple, built by King Alphonse III (last Astur King) and his wife, Queen Jimena, over a former Benedictine monastery, was consecrated by three bishops in 891, and renovated in 1108. The King dedicated the church to the martyrs Hadrian (Roman official) and his wife

PRE-ROMANESQUE CHURCH OF SANTO ADRIANO DE TUÑÓN

management Plan.

BERMIEGO YEW

The Bermiego yew, known in Asturian as «Teixu [Iglesia], is a millenarian tree found in the town of Bermiego in the county of Quirós. It grows in the western foothills of Sierra del Aramo, on the outskirts of the village, and within the precincts of the town church. This yew (*Taxus baccata*), considered by some authors as the oldest yew in Europe, has an almost perfect morphology. The canopy measures 15 metres high, its trunk reaches 10 metres, and its perimeter is 6,5 to 7 metres. Declared a Natural Monument, it is a protected species that is included in the Asturias Natural Resources Management Plan.



ROMANESQUE CHURCHES AND MILLENARIAN YEWS

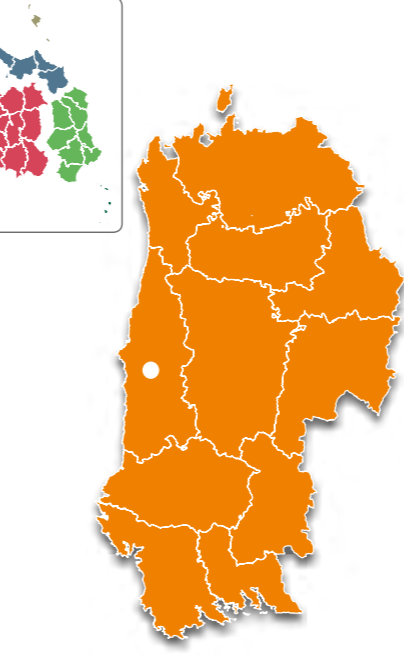
This 16-kilometre route links the greenway that connects Fuso de la Reina and Parque de Invierno de Oviedo with the Senda del Oso, starting in Tuñón and running through meadows, chestnut woods and riparian forests along the banks of the rivers Nalón and Trubia.



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Since 1993 the Ministry for Agriculture, Food and the Environment's Nature Trails Program aims to restore former transport infrastructures such as railway tracks, cattle trails and traditional routes, for public use and enjoyment.

These routes take us to the countryside to discover the biodiversity and beauty of our precious natural heritage, and discover the villages, sights, traditions and people that are part of the unique cultural landscape of our country.

We invite you to visit them and offer you the keys to enjoy the trip. In this brochure you will find a brief description of the River Nalón (Fuso-Tuñón) Nature Trail and the map for the journey, along with recommendations to make the most of this experience. We only ask one thing of you: do not forget to leave everything as you found it. The conservation of these pathways is also your responsibility.

TELEPHONES OF INTEREST:

- Tourism of Asturias:

0034 985 26 40 51

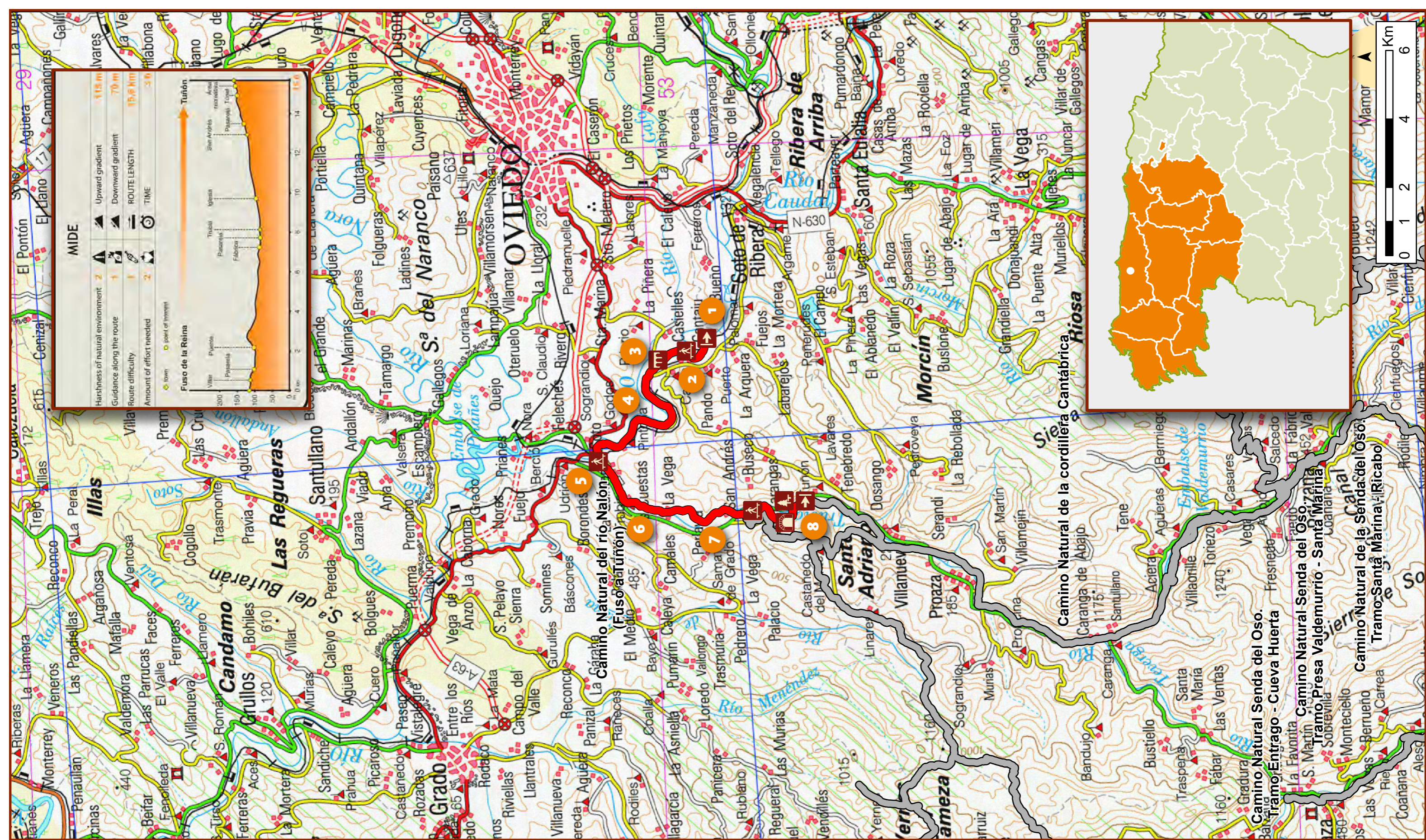


NATURE TRAIL RIVER NALÓN (FUSO-TUÑÓN)

SECTOR NORTHWESTERN PENINSULAR NATURE TRAIL RIVER NALÓN (FUSO-TUÑÓN)

1. The route begins in Fuso de la Reina, next to the FEVE (Narrow gauge Railways in Spain) railway station, and runs parallel to the railway tracks until it leaves the town behind. Some metres further on, it continues parallel to a hydroelectric canal fed by the river Nalón until it reaches an intersection. After veering onto a level crossing, it slowly drifts away from the tracks and the water canal towards a metallic footbridge that crosses the river. Numerous wetland bird species can be spotted.
2. The trail runs along the right bank of the river Nalón, immersed in a well-developed riparian forest, until it reaches a bridge with views of the peculiar Priorio castle. After crossing the bridge over the river, the route heads down the road to Caces.
3. In this town, the route traverses through a few streets with fine examples of traditional architecture, and the traveller can see several raised granaries (hórreos) still in use. The route continues along a dirt road that links with a paved road that once again brings the traveller close to the river Nalón.
4. With no room for confusion, the paved road winds down parallel to the river through a lush area populated with chestnut trees, between meadows and fields. Further on, the path reaches the junction with the road leading up to Pintoria, from where it continues always parallel to the river, towards Trubia.
5. The path stumbles again onto the railway tracks, and,

6. The route follows the right bank of the river, leaving behind several bridges, past various industrial facilities, to reach the intersection with the road to Perlin and, further on, to the church of Santa María de Trubia. From here to San Andrés, the trail traverses meadows, croplands and a lush forest.
7. In San Andrés, the route ventures onto a path to the left, parallel to the road, which leads to an old quarry. Here, a wooden footbridge crosses the road and the river Trubia, then continues along a paved road.
8. The path then winds along the floor of Trubia Valley, moving towards the limestone walls of Peña de la Escalera and the slopes of La Recusa and Las Garradas. It then traverses the old railway tunnel, and continues up the valley while slowly approaching the river Trubia. The route crosses a metal bridge over the river and reaches Tuñón recreational area, next to AS-228 road, where this nature trail ends and one of the sections of the Senda del Oso begins.



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NATURE TRAIL RIVER NALÓN (FUSO-TUÑÓN)

- Starting point
- End of trail
- Rest area
- Walkway
- Bridge
- Tunnel