TELEPHONES OF INTEREST:

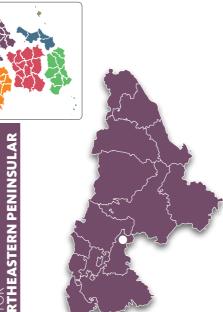
We invite you to visit them and offer you the keys to enjoy the trip. In this brochure you will find a brief description of Cidacos River Nature Trail and the map for the journey, along with recommendations to make the most of this experience. We only ask one thing of you: do not forget to leave everything as you found it. The conservation of these

The River Cidacos begins at the Montes Claros Range (Soria) and flows into the right margin of the River Ebro During its last stretch, it bathes the fertile and productive meadow of the River Cidacos, where the towns of Arnedo and Calahorra are located. It also goes through the valleys

of Leza, Jubera, Cidacos and Alhama, which were declared as a Biosphere Reserve in 2003. Among this reserve's many natural and cultural values, its rocky passages and fluvial canyons stand out, alternating with the traditional terrace

diversity and beauty of our precious natural heritage, and discover the villages, sights, traditions and people that are part of the unique cultural landscape of our country. These routes take us to the countryside to discover the bio-

Since 1993 the Ministry for Agriculture and Fisheries, Food and the Environment's Nature Trails Program aims to restore former transport infrastructures such as railway tracks, cattle trails and traditional routes, for public use and enjoyment.





Guide to the

Nature Trails

of Spain

SECTOR NORTHEASTERN PENINSULAR

AA LANDSCAPE CARVED BY WATER

This nature trail is located in the southeast of La Rioja and

goes from the town of Arnedillo to Calahorra.



RIVER CIDACOS NORTHEASTERN PENINSULAR

- The River Cidaços Nature Trail follows an old railway route that ran through the valley, and it is now prepa red for hikers and cycling enthusiasts. Its starting point is the old Arnedillo train station, now reconverted into traces of fossilised dinosaur footprints can be visited. ublic centre. From there, a sign indicates the way to public thermal baths next to the river and if we look will see the Arnedillo spa. Not far from there, the
- nues for 550 metres through an illuminated tunnel that goes under the town. At the exit, the trail crosses the River Cidacos through a concrete bridge, from where the traveller can admire the rocky outcrops that canalise the waters. Shortly after, the valley opens out and the first orchards and olive trees appear in the meadow. Opposite to the old Arnedillo station, the trail conti
- 'n Later on, the trail reaches the Cidacos viewpoint, where the Préjano greenway begins, following another old rai lway route and going up for five kilometres to the mines at the bottom of Peña Isasa.
- 4 excavations used as dovecotes. The descent continues until the trail crosses the River Cidacos when reaching Herce, where it crosses to the left margin for good and continues through dense reed beds until it arrives at During the stretch through the valley, one can see the inclined stratum of Herce and the well-known "farmacias de los moros" (lit. Moorish pharmacies), beautiful the town's station, now used as a youth hostel

The trail continues through the Cidacos meadow among vegetable gardens and orchards. Around kilometre 24, there is a stretch that can be a bit busier. Later trian wood bridge on the right, it is possible to visit the monastery of Nuestra Señora de Vico, which is located at the top of a cliff over the river. branch to the right through a paved path close to the ri-Lineal de la Vega del Cidacos. By crossing the pedeson, already in the vicinity of Arnedo, the trail takes ver and leaves the old railway route. This way, the trail at the riverbank and goes through the Parque

70

The trail crosses

road LR-282, where the

traveller

- 9 third most populated city of La Rioja, which houses a big footwear industry. Once the trail crosses Cidacos Park, the route continues winding among vegetable Some swings indicate that the trail reaches Arnedo, the railway route once again gardens and plenty of houses, until it meets the old
- 7 Then, it goes through an industrial park and the municipal household waste recycling centre, leaving Arnedo behind.
- 00 the traveller so as not to get lost. Along the trail, the Quel castle and rocky escarpments where griffon vultu-Although the old railway route disappears inside this The trail heads towards Quel, parallel to a gas pipeline town, the yellow milestones of the gas pipeline guide res nest can be sighted.
- 9 Once the town is left behind, it continues through the meadow and goes through a dangerous intersection of

tres long and avoids going through the town of Autol. It is worth visiting "el Picuezo" and "la Picueza", two big sandstone columns, a natural result of fluvial and wind erosion, now integrated in a municipal park. road LR115 to arrive at Gollizo tunnel, which is 575 me

- must be especially cautious because of poor visibility and the high speed of cars, and continues parallel to it, going through the fluvial meadow again.
- through large rainfed agricultural properties, vineyards and olive groves, until the River Livillos railway stop, a The remaining part of the trail towards Calahorra goes recreational area where the traveller can have a rest.
- 12. Close to Calahorra, we can see the old Roman aqueduct pillars. The trail continues parallel to the AP-68 motorway and turns right towards the city going under a viaduct, after which we arrive at Cidacos Park, near the Cathedral where this nature trail ends.

